

Birmingham

Nursing and Rehabilitation Center East, LLC

Activities Newsletter

DEAR RESIDENTS, YOUR STORIES MATTER

We love our residents! And when residents get together, you'd be amazed at the **insights** and **wisdom** they share about themselves and their experiences. Their stories are too precious not to put down and share...

"Spread happiness by enjoying everyone." Ms. Ruth K.

BINGO BUCKS TO POINT SYSTEM

The great artist Claude Monet once said, "Everything changes, even stone."

Change is in the air with the Activities Department. Beginning October 1, we are converting all your Bingo Bucks to points.

The values remain the same, you lose nothing, but now you do not have to keep track of your bucks.

We will handle the numbers for you, update the amount daily, and let you know how many points you have when you come to the Bingo Store.

As Activities Director Kayla Barlett said, "Easy Peasy."

Resident Spotlight!

OUR MS. ROSCOE

Did you know...



♥ Ms. Roscoe loved school. "Spelling was my favorite subject, but I also liked math and science. I read a lot."

♥ She is creative! "I can sew and make skirts, blouses and pants. I have made clothes for people."

♥ She also loves music: "I like to sing and dance to Michael Jackson. I danced a lot."

♥ Her favorite color is red, and she loves fried chicken.

♥ Ms. Roscoe said, "I have learned that I am responsible and creative."

OUR NEW VAN IS HERE!

We are happy to announce that Activities can now make excursions in our new van.

We made our first trip to nearby Reed Park, which has a heavily shaded area with picnic tables, a bamboo forest, and small running stream. We honored Mr. Brown's service in front of the park's Military Memorial.

We had so much fun!



Picnic and Conversations...



Staff Spotlight!

DESHON FORTNER
Director of Human Resources

Did you know...



- ★ DeShon will be celebrating her 9th year at Birmingham East in March 2019.
- ★ She graduated from Easley High and her Master's Degree is from Faulkner University in Science and Business Management.
- ★ She enjoys cooking and has a Top Chef certification. She loves to travel. Her faves: the beach and the casinos.
- ★ She said: "I love having coffee on my balcony every morning, watching the new day begin. You see God; it is so beautiful."
- ★ Her secret to success? "Keep smiling."